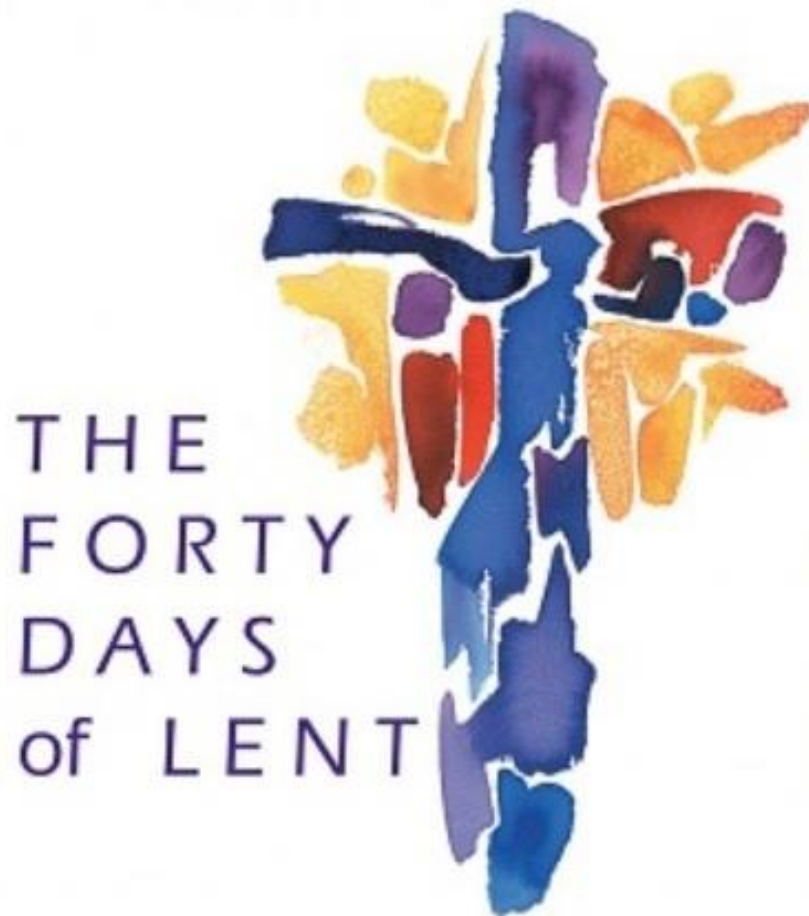


The Holy Eucharist

Third Sunday of Lent



Church of the Resurrection
and St Barnabas, Eastlands

A place of worship and welcome, sharing Christ's love

The Guitar music playing is the traditional English folk melody Kingsfold, the tune for the hymn "I heard the voice of Jesus say"

The Gathering

Gathering Hymn – All my hope on God is founded

by the Choral Scholars of St Martin-in-the-Fields

**All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.**

**God's great goodness ay endureth,
Deep his wisdom, passing thought:
Splendour, light, and life attend him,
Beauty springeth out of nought.
Evermore,
From his store
New-born worlds rise and adore.**

**Daily doth the almighty giver
Bounteous gifts on us bestow;
His desire our soul delighteth,
Pleasure leads us where we go.
Love doth stand
At his hand;
Joy doth wait on his command.**

**Still from man to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all:
Ye who follow shall not fall.**

Meine Hoffnung stehet feste Joachim Neander (1650-1680) paraphrased Robert Bridges (1844-1930)

Words of welcome and introduction may be said, then the president says

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All Amen.

The Greeting

The Lord be with you

All and also with you.

The Prayer of Preparation

Our Lord Jesus Christ said:

The first commandment is this:

'Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All Amen. Lord, have mercy.

Prayers of Penitence

Compassion and forgiveness belong to the Lord our God, though we have rebelled against him.

Let us then renounce our wilfulness and ask his mercy by confessing our sins in penitence and faith.

Silence is kept followed by Kyrie Confession.

Wash away all my iniquity
and cleanse me from my sin:

Lord, have mercy.

All Lord, have mercy.

Against you, you only have I sinned
and done what is evil in your sight:
Christ, have mercy.

All Christ, have mercy.

Create in me a pure heart, O God,
and renew a steadfast spirit within me:
Lord, have mercy.

All Lord, have mercy.

The president pronounces Absolution.

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All Amen.

The Collect

The president says the Collect, and all responds Amen.

The Liturgy of the Word

First and Second Reading

At the end the reader says

This is the word of the Lord.

All Thanks be to God.

Gospel Reading

Praise to you, O Christ, King of eternal glory.
The Lord is the great God, O that today you would listen to his
word. Harden not your hearts.

All Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to *N.*
All **Glory to you, O Lord.**

At the end

This is the Gospel of the Lord.
All **Praise to you, O Christ.**

Sermon

The Creed

Let us declare our faith in God.

All **I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

Prayers of Intercession

Prayers end

Merciful Father

**All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

Hymn - *Be thou my guardian and my guide*

sung by St Martin's Voices

**Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.**

**The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.**

**And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.**

**Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.**

Isaac Williams (1802-1865)

The Liturgy of the Sacrament

The Peace

Since we are justified by faith,
we have peace with God
through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
All and also with you.

The Offering

You are encouraged to continue to give for your church even when we are unable to meet in our church building. May these words encourage you to continue to put the money in your envelopes or set up a Standing Order via your bank:

*"Excel in this grace of giving" (2 Cor. 8:7)
"It's not how much we give, but how much love we put into giving" (Mother
Theresa)*

Offertory Prayer

**All Gracious God, accept these gifts,
and with them our lives,
to be used in your service;
through Jesus Christ our Lord.
Amen.**

Preparation of the Table

God of our journey, as we walk with you
on your path of obedience, sustain us on our way and leads to
your glory; through Jesus Christ our Lord.

All Amen.

The Eucharistic Prayer (Prayer E)

The Lord be with you
All and also with you.

Lift up your hearts.
All We lift them to the Lord.

Let us give thanks to the Lord our God.
All It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and saying:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you; this is my blood of the new covenant, which
is shed for you and for many
for the forgiveness of sins. Do this, as often as you drink it, in
remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation, we
proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

**All Christ has died:
Christ is risen:
Christ will come again.**

Lord of all life, help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with *St Barnabas* and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All Amen.

The Lord's Prayer

Lord Jesus, remember us in your kingdom and teach us to pray.

**All Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom,
the power and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

Every time we eat this bread
and drink this cup,

All we proclaim the Lord's death until he come.

The Agnus Dei is said

**All Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
grant us peace.**

Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The President receives the Body and the Blood on behalf of the people. The president lifts the priest wafer and says before receiving the bread

The Body of Christ.

All Amen.

The president lifts the wine and says before receiving the wine

The Blood of Christ.

All Amen.

The people are encouraged to say the words of Act of Spiritual Communion:

**My Jesus,
I believe that You are present
in the Most Holy Sacrament.
I love You above all things,
and desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You. Amen.**

Prayer after Communion

*The president says the Post Communion prayer to which all respond Amen.
Then the following prayer is said*

**All Father of all,
we give you thanks and praise,
that when we were still far off**

**you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Dismissal

Notices

Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross,
and follow him; and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Final Hymn – Jesus Christ is waiting

recorded by the Choral Scholars of St Martin-in-the-Fields

**Jesus Christ is waiting, waiting in the streets;
no one is his neighbour, all alone he eats.
Listen, Lord Jesus, I am lonely too;
make me, friend or stranger, fit to wait on you.**

**Jesus Christ is raging, raging in the streets,
where injustice spirals and real hope retreats.
Listen, Lord Jesus I am angry too;
in the Kingdom's causes let me rage with you.**

**Jesus Christ is healing, healing in the streets;
curing those who suffer, touching those he greets.
Listen, Lord Jesus, I have pity too;
let my care be active, healing, just like you.**

**Jesus Christ is dancing, dancing in the streets,
where each sign of hatred he, with love, defeats.
Listen, Lord Jesus I should triumph too;
where good conquers evil let me dance with you.**

**Jesus Christ is calling, calling in the streets,
'Who will join my journey? I will guide their feet.'
Listen, Lord Jesus, let my fears be few:
walk one step before me; I will follow you.**

*John L Bell (born 1949) and Graham Maule (1958-2019)
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www.wildgoose.scot*

The Sending Out

Our worship has ended, our service begins.
Go in peace to love and serve the Lord.

All In the name of Christ. Amen.


A Journey Through Lent

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