



# **The First Celebration of Holy Communion**

## **By**

### **Revd Adam Robertson**

*Music is played at the beginning of the service*

## **The Greeting**

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All*    **Amen.**

*The president greets the people*

Grace, mercy and peace from  
God our Father  
and the Lord Jesus Christ be with you.

*All*    **and also with you.**

*Words of welcome and introduction are said.*

## **Prayer of Preparation**

*All*    **Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## Prayers of Penitence

*The president invites the people to confess their sins using these words:*

The Spirit of the Lord fills the world and  
knows our every word and deed.  
Let us then open ourselves to the Lord and  
confess our sins in penitence and faith.

*Silence is kept*

You raise the dead to life in the Spirit:  
Lord, have mercy

*All*    **Lord, have mercy**

You bring pardon and peace to  
the broken in heart: Christ, have mercy

*All*    **Christ, have mercy**

You make one by your Spirit the torn  
and divided: Lord, have mercy

*All*    **Lord, have mercy**

*The president says*

May the God of love and power forgive  
you and free you from your sins, heal and strengthen you by  
his Spirit, and raise you to new life in Christ our Lord

*All*    **Amen**

*Please stand*

*The president leads The Gloria in Excelsis*

Glory to God in the highest,  
*All* **and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the following words:*

Let us pray.

Almighty and everlasting God, by whose Spirit the whole body of the church is governed and sanctified: hear our prayer which

we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy spirit, one God, now and forever.

*All*   **Amen.**

## **The Liturgy of the Word**

### **Old Testament Reading**

*Isaiah 30: 15-21*

For thus said the Lord God, the Holy One of Israel:  
In returning and rest you shall be saved;  
in quietness and in trust shall be your strength.  
But you refused and said,  
'No! We will flee upon horses'—  
therefore you shall flee!  
and, 'We will ride upon swift steeds'—  
therefore your pursuers shall be swift!  
A thousand shall flee at the threat of one,  
at the threat of five you shall flee,  
until you are left  
like a flagstaff on the top of a mountain,  
like a signal on a hill.  
Therefore the Lord waits to be gracious to you;  
therefore he will rise up to show mercy to you.

For the Lord is a God of justice;  
blessed are all those who wait for him.  
Truly, O people in Zion, inhabitants of Jerusalem, you shall  
weep no more. He will surely be gracious to you at the sound

of your cry; when he hears it, he will answer you. Though the Lord may give you the bread of adversity and the water of affliction, yet your Teacher will not hide himself any more, but your eyes shall see your Teacher. And when you turn to the right or when you turn to the left, your ears shall hear a word behind you, saying, 'This is the way; walk in it.'

*At the end the reader says*

This is the word of the Lord.

*All*    **Thanks be to God.**

## **New Testament Reading**

*Romans 8: 22-27*

We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

*At the end the reader says*

This is the word of the Lord.

*All*    **Thanks be to God.**

*Stand*

## **Gospel Reading**

*Please remain standing for the Gospel reading*

*The president says*

Alleluia, alleluia. Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty.

*All*    **Amen.**

Hear the Gospel of our Lord Jesus Christ according to *John*.

*All*    **Glory to you, O Lord.**

When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

*At the end the president says*

This is the Gospel of the Lord.

*All*    **Praise to you, O Christ.**

## **Sermon by The Revd Maria Onuigbo**

*A moment of silence is kept, then stand when the president stands*

## The Creed

*The president says*

Let us stand to declare our faith in God, Father, Son,  
and Holy Spirit

We believe in one God,  
*All* **the Father, the Almighty, maker of heaven and earth, of all  
that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light  
from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary and  
was made man.**

**For our sake he was crucified under Pontius Pilate; he  
suffered death and was buried. On the third day he rose  
again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of  
the Father. He will come again in glory to judge the living  
and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**



*Please sit*

## **Prayers of Intercession**

*These or other suitable responses may be used*

Lord, in your mercy  
*All* **hear our prayer.**

*At the end of the prayers:*

Merciful Father,  
*All* **accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*The president says*

God has made us one in Christ. He has set  
his seal upon us and, as a pledge of what is  
to come, has given the Spirit to dwell in our hearts.

The peace of the Lord be always with you  
*All* **and also with you.**

*The president says:*

Let us offer one another a sign of peace.

*Please remain standing*

## **Preparation of the Table and the Offering**

*The Offertory music is played during which the altar is prepared, and the gifts of the people are gathered and presented.*

*The president takes the bread and says*

Blessed are you,  
Lord God of all creation:  
through your goodness  
we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

*All*    **Blessed be God for ever.**

*The president takes the wine and says*

Blessed are you,  
Lord God of all creation:  
through your goodness  
we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

*All*    **Blessed be God for ever.**

## **The Eucharistic Prayer**

*The president says:*

The Lord be with you

*All*    **and also with you.**

Lift up your hearts.

*All*    **We lift them to the Lord.**

Let us give thanks to the Lord our God.  
*All*    **It is right to give thanks and praise.**

*The president praises God for his mighty acts*

Father, we give you thanks and praise  
through your beloved Son Jesus Christ,  
your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness  
to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

*All*    **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine may be to us the body and blood  
of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given  
for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you  
thanks; he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

*All*    **Christ has died:**  
         **Christ is risen:**  
         **Christ will come again.**

*The Prayer continues:*

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread  
and this cup and we thank you for counting us  
worthy to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and  
one cup, so that we, *St Barnabas* and all the saints,  
may praise and glorify you for ever, through  
Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*All*    **Amen.**

### **The Lord's Prayer**

*The president introduces the Lord's Prayer with these words*

Let us pray as our Saviour has taught us

*All*    **Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom,  
the power and the glory  
are yours now and for ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

*All*    **Though we are many, we are one body,  
because we all share in one bread.**

*The Agnus Dei is said.*

Lamb of God,  
*All*    **you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

## **Giving of Communion**

*The president says the following invitation to communion*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

*All*    **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president lifts the priest wafer and says*

The body of Christ.

**All    Amen.**

*The president lifts the wine and says*

The blood of Christ.

**All    Amen.**

*Please stay seated in your seats and the president comes to you. If you are not going to have a communion, please put your hands across your chest and the president knows to give you a blessing.*

*During the communion music is played.*

## **Prayer after Communion**

*The post-communion prayer is said by the president:*

Let us pray

*Silence is kept*

God of power, whose Holy Spirit renews your people in the bread and wine we bless and share: may the boldness of the Spirit transform us, the gentleness of the Spirit lead us, and the gifts of the Spirit equip us to serve and worship you; through Jesus Christ our Lord

**All    Amen**

*Then the following prayer is said:*

Almighty God,

**All    we thank you for feeding us**

**with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## **The Dismissal**

### **Notices and banns**

### **Blessing**

*Please stand for the final blessing and dismissal*

*The president says*

The Lord be with you  
*All* **and also with you.**

The Spirit of truth lead you into all truth,  
give you grace to confess that Jesus Christ is Lord,  
and strengthen you to proclaim  
the word and works of God;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

### **The Dismissal**

*The president says*



Our worship has ended, our service begins.

Go in peace to love and serve the Lord.

*All*    **In the name of Christ. Amen.**

*Music is played whilst the minister departs.*

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